

2024

INTERNATIONAL VEIN WEEK

The South African Lymphatic & Venous Society (SALVS) in collaboration with the venous-lymphatic World International Network (v-WIN)



SALVS



SOUTH AFRICAN LYMPHATIC & VENOUS SOCIETY International Vein Week 2024

Strava Cycling Challenge: 1000 km for Vein Week
5 April 2024

A cycling club, Team Impi, from Durban, rides 1000km in Vein week to raise awareness of Vein Conditions. Whilst cyclists may represent the epitome of health, effort-related venous thrombosis and emerging varicose veins have been noted to occur in well-trained athletes. This initiative was an effort to raise awareness amongst the cycling and athletic community at large regarding vein health, and to emphasize that help is available.



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